

Childcare Menu Week 1 - Week Commencing: 09.06.25

WEDNESDAY

*Low in Sodium & Refined Sugars

TUESDAY

*Nut Aware

*Locally Sourced Produce

THURSDAY

ΕA MORNING

TEA

FTERNOON

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MONDAY



CHEESY TOMATO WHOLEMEAL MUFFIN



TROPICAL FRUIT PLATTER W/ ORGANIC MILK



APPLE & PEAR CRUMBLE W/ ORGANIC YOGHURT



FRIDAY

ORGANIC MILK, BANANA & MANDARIN



ORGANIC MILK W/ APPLE

& CARROT STICKS

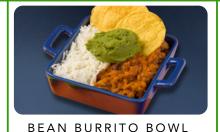
CHICKEN & VEGETABLE NOODLES



BEEF & CAULIFLOWER LASAGNE W/ ZUCCHINI



CHICKEN & PUMPKIN CURRY W/ BROWN RICE & **BROCCOLI**



W/ CORN CHIPS, RICE & GUACAMOLE



WHOLEMEAL CHEESE BURGER W/ ROASTED SWEET POTATO



WHOLEMEAL GARLIC BREAD W/ PEAR WEDGES



CUCUMBER, HUMMUS, ORANGE, CAPSICUM & CRISPBREAD



CHEESE & TOMATO PIZZA



TUNA & CHIVE DIP / TOMATO & CHEESE DIP W/ VEGGIE STICKS & RICE **CRACKERS**



BLUEBERRY MUFFIN W/ ORANGE WEDGES